

## SUNDAY'S WELL JUNIOR TIMETABLE - TERM 1

September - December 2018 (13 weeks)

The timetable for is outlined below, please note the following key changes from last year.

- All club players are encouraged to do **two days if possible**.
- All tournament players are **expected to do two days, should this not be possible please contact Ger on 086 8158448 to discuss further**.
- Squads will start again the week commencing **Monday 10<sup>th</sup> September 2018**
- All booking should be done [online at this link](#) (also available on [www.sundayswelltennis.ie](http://www.sundayswelltennis.ie)) and all payments should be made via the office **before close of business on Wednesday 5th September**.
- All payments made after this date will **now be subject to a €10 late fee**.

DAY	TIME	GROUP	CATEGORY	COST 2/1 DAY(S)
Monday	2:00pm - 3:00pm	Under 6	Club	€170/€100
	3:00pm - 4:30pm	Under 8, 9, 10	Club	€240/€140
	4:30pm - 6:00pm	Under 12, 14, 16, 18	Club	€240/€140
Tuesday	3:00pm - 4:30pm	Under 8, 9, 10, 11	Tournament	€240/€140
	4:30pm - 6:00pm	Under 12, 13, 14, 16	Tournament	€240/€140
	4:30pm - 6:30pm	High Performance	Tournament	€270/€170
Wednesday	2:00pm - 3:00pm	Under 6	Club	€170/€100
	3:00pm - 4:30pm	Under 8, 9, 10	Club	€240/€140
	4:30pm - 6:00pm	Under 12, 14, 16, 18	Club	€240/€140
Thursday	3:00 - 4:30pm	Under 8, 9, 10, 11	Tournament	€240/€140
	4:30 - 6:00pm	Under 12, 13, 14, 16	Tournament	€240/€140
	4:30 - 6:30pm	High Performance	Tournament	€270/€170
Friday	Friendly matchplay v other clubs/ Box Ladder (details will be emailed closer to the time)		Included (but there may be a nominal charge to cover prizes)	

### Club Programme will include:

- **U6:** Movement, Co-ordination and Hitting (coach feeding)
- Red Ball: **U8, U9, and U10:** Movement/Co-ordination, Feeding/Drills, Points/Fun Games
- Red, Orange, Green Ball: **U12, U14, U16, and U18:** Movement/Co-ordination, Feeding/Drills, Points/Fun Games
- Yellow Ball

### Tournament Programme will include

- U8, U9, U10 and U11:** Movement/Co-ordination, Feeding/Drills, Points/Fun Games
- Red, Orange, Green, Yellow Ball: **U12, U13, U14, and U16:** Feeding/Drills/Serving, Points, Fitness Circuit
- Yellow Ball