

Time Table run from Monday 5th march to Friday 29th June 2018

There will be no classes from 26th March - 9th April due to school mid term

There will be no classes on the May and June Bank holiday Mondays.

To book a class please contact the office on **021-4272733** or email **tennis@indigo.ie**

Names will continue to roll over for classes. If you do not wish to continue please contact the office

DAY	TIME	GROUP	INSTRUCTOR	COST	TERM
Monday	09:15-10:00am	Spinning	Ray	€100.00	13 Classes
	10:30-11:30am	Toning	Yvonne	€100.00	13 Classes
	7:00pm-8:00pm	Begin to Spin	Edel	€100.00	13 Classes
Tuesday	6:00pm-7:00pm	Toning	Yvonne	€115.00	15 Classes
Wednesday	09:15am-10:15am	Spinning	Yvonne	€115.00	15 Classes
	11:00am-12:00am	Yoga	Sharon	€155.00	15 Classes
	7:00pm-8:00pm	Spinning	Ray	€115.00	15 Classes
Thursday	09:15am-10:30am	Spin & Tone	Edel	€150.00	15 Classes
	10:30am-11:30am	Toning	Yvonne	€115.00	15 Classes
Friday	09:00am-11:00am	Pilates	Sharon	€155.00	15 Classes
	11:00am-12:00pm	Beginners Pilates	Sharon	€155.00	15 Classes